



Twinkle with a Bounce

Handout A48

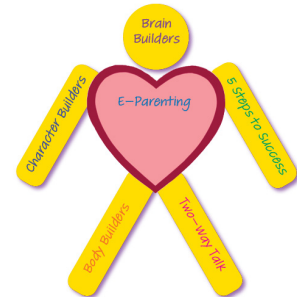
Other songs or nursery rhymes I can use for this activity:

- _____
- _____
- _____



Which Daily Do I want to focus on practicing:

- _____



When will we do this activity:

- _____
- _____



Who else can do this activity with my infant:

- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your baby is ready to play and learn. Remember to use **5 Steps to Success** as you help your infant explore their natural curiosity during the activity.
2. Hold your baby in a cradled position and sing them a song or tell them a nursery rhyme. As you sing to your infant, gently sway them back and forth in your arms.
3. Choose one word in the song or nursery rhyme to be a special word and say this word louder, making your face more excited. When you say this word, also gently bounce your baby or lift your arms up to your face. Continue to do this each time the special word is mentioned in the song or nursery rhyme.
4. One song you can use for this activity is **Twinkle, Twinkle, Little Star**.